



R530007

Baseline Self Retracting Lifeline

FEATURES

- 7 foot working range
- 1 inch Dyneema® / polyester webbing
- Aluminum housing
- Swivel top with steel carabiner included
- Aluminum rebar hook has a gate opening of 2 ½ inches (63.5 mm)
- Steel rebar hook has a gate opening of 2 ¾ inches (65 mm)
- Snap hooks, rebar hooks and carabiners are self-locking with a minimum tensile break strength of 5,000 pounds, and a 3,600 pound gate rating



SPECIFICATIONS

Model No.	Lifeline Connector	(A)	(B)	Depth	Aprox. Weight
R530007	Steel Snap Hook	14 ¾ in (371 mm)	3 ½ in (89 mm)	2 ¾ in (70 mm)	3.5 lb (1.6 kg)
R530007-R	Aluminum Rebar Hook	20 in (508 mm)	3 ½ in (89 mm)	2 ¾ in (70 mm)	3.7 lbs (1.7 kg)
R530007-SR	Steel Rebar Hook	21 in (533 mm)	3 ½ in (89 mm)	2 ¾ in (70 mm)	4.0 lbs (1.8 kg)

COMPLIANCE STANDARDS

Meets	Maximum Arrest Distance	Average Arrest Force	Maximum Arrest Force	Free Fall Limit	Capacity
ANSI Z359.14-2014 CLASS B	36 in (914 mm)	900 lbf (4 kN)	1,800 lbf (8 kN)	24 in (610 mm)	130 - 310 lbs (59 - 141 kg)
OSHA 29 CFR 1910.140 & 1926.502	36 in (914 mm)	N/A	1,800 lbf (8 kN)	24 in (610 mm)	310 lbs (141 kg)

⚠ WARNING: Compliant fall protection equipment must only be used as it was designed. Users MUST read and understand all user instructions provided with the product. Before using a fall arrest system, users must be trained in the safe use of the system, as required by OSHA 29 CFR 1910.30 and 1926.503, or local safety regulations. Misuse or failure to heed these warnings and instructions may result in injury or even death.

WORK SAFE! WORK SMART!

Technical Data Sheet

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